



Crown Point Swim Club
2009-2010 Time Standards
Girls - Yards



	All-Amer.		HS State	Senior State	Divisional	T-10	AAAA	ZONES				
	Auto.	Consid.						AAA	AA	A	BB	B
15-16												
50 Free	:23.81	:24.12	:24.59	:25.69	:30.39	:23.33	:24.49	:25.69	:26.89	:27.99	:30.39	:32.69
100 Free	:51.62	:52.39	:53.61	:55.79	1:05.89	:50.64	:53.19	:55.69	:58.19	1:00.79	1:05.79	1:10.89
200 Free	1:51.28	1:52.99	1:56.19	2:01.89	2:23.89	1:48.59	1:54.09	1:59.49	2:04.89	2:10.39	2:21.19	2:32.09
500 Free	4:57.24	5:02.19	5:13.87	5:29.19	6:28.49	4:49.88	5:03.99	5:18.49	5:32.89	5:47.39	6:16.29	6:45.29
1000 Free				11:25.79		10:00.72	10:26.39	10:56.19	11:25.99	11:55.89	12:55.49	13:55.19
1650 Free				19:25.69		16:47.11	17:29.09	18:18.99	19:08.99	19:58.89	21:38.89	23:18.79
100 Back	:57.29	:58.43	:59.47	1:04.09	1:15.69	:56.10	:58.29	1:00.99	1:03.79	1:06.59	1:12.09	1:17.69
200 Back				2:19.09	2:44.19	2:00.56	2:05.89	2:11.89	2:17.89	2:23.89	2:35.89	2:47.89
100 Breast	1:05.03	1:06.28	1:07.74	1:12.89	1:26.09	1:02.92	1:06.19	1:09.39	1:12.49	1:15.69	1:21.99	1:28.29
200 Breast				2:38.59	3:07.19	2:16.35	2:22.49	2:29.29	2:35.99	2:42.79	2:56.39	3:09.99
100 Fly	:56.57	:57.50	:58.39	1:02.39	1:13.69	:55.23	:57.99	1:00.79	1:03.59	1:06.29	1:11.79	1:17.39
200 Fly				2:24.49	2:50.59	2:00.75	2:06.39	2:12.39	2:18.49	2:24.49	2:36.49	2:48.59
200 IM	2:05.37	2:07.60	2:10.90	2:18.59	2:43.59	2:02.70	2:08.69	2:14.79	2:20.89	2:26.99	2:39.29	2:51.49
400 IM				5:00.99	5:55.19	4:19.83	4:31.19	4:44.09	4:56.99	5:09.89	5:35.69	6:01.49

	All-Amer.		HS State	Senior State	Divisional	T-10	AAAA	AAA	AA	A	BB	B
	Auto.	Consid.										
Relays												
200 Free	1:38.14	1:39.64	1:40.87			1:35.83						
400 Free	3:33.40	3:36.76	3:41.65	3:53.79		3:27.52						
800 Free				8:35.89		7:28.89						
200 Medley	1:49.01	1:50.85	1:52.37			1:45.91						
400 Medley				4:22.99		3:49.45						

	All-Amer.		HS State	Senior State	Divisional	T-10	AAAA	ZONES				
	Auto.	Consid.						AAA	AA	A	BB	B
17-18												
50 Free	:23.81	:24.12	:24.59	:25.69	:30.39	:23.18	:24.29	:25.49	:26.59	:27.79	:30.09	:32.39
100 Free	:51.62	:52.39	:53.61	:55.79	1:05.89	:50.38	:52.39	:54.89	:57.39	:59.89	1:04.89	1:09.89
200 Free	1:51.28	1:52.99	1:56.19	2:01.89	2:23.89	1:48.85	1:53.29	1:58.69	2:04.09	2:09.49	2:20.29	2:30.99
500 Free	4:57.24	5:02.19	5:13.87	5:29.19	6:28.49	4:48.77	5:01.79	5:16.19	5:30.59	5:44.99	6:13.69	6:42.39
1000 Free				11:25.79		10:01.15	10:24.39	10:54.19	11:23.89	11:53.59	12:53.09	13:52.59
1650 Free				19:25.69		16:47.35	17:19.69	18:09.19	18:58.69	19:48.19	21:27.19	23:06.19
100 Back	:57.29	:58.43	:59.47	1:04.09	1:15.69	:55.80	:57.89	1:00.59	1:03.39	1:06.19	1:11.69	1:17.19
200 Back				2:19.09	2:44.19	2:00.56	2:05.49	2:11.49	2:17.39	2:23.39	2:35.39	2:47.29
100 Breast	1:05.03	1:06.28	1:07.74	1:12.89	1:26.09	1:03.39	1:05.89	1:08.99	1:12.09	1:15.29	1:21.49	1:27.79
200 Breast				2:38.59	3:07.19	2:16.63	2:21.99	2:28.69	2:35.49	2:42.29	2:55.79	3:09.29
100 Fly	:56.57	:57.50	:58.39	1:02.39	1:13.69	:54.98	:57.29	:59.99	1:02.79	1:05.49	1:10.99	1:16.39
200 Fly				2:24.49	2:50.59	2:00.30	2:04.89	2:10.79	2:16.69	2:22.69	2:34.59	2:46.49
200 IM	2:05.37	2:07.60	2:10.90	2:18.59	2:43.59	2:02.31	2:07.19	2:13.19	2:19.29	2:25.29	2:37.39	2:49.49
400 IM				5:00.99	5:55.19	4:19.47	4:30.99	4:43.89	4:56.79	5:09.69	5:35.49	6:01.29

	All-Amer.		HS State	Senior State	Divisional	T-10	AAAA	AAA	AA	A	BB	B
	Auto.	Consid.										
Relays												
200 Free	1:38.14	1:39.64	1:40.87			1:35.83						
400 Free	3:33.40	3:36.76	3:41.65	3:53.79		3:27.52						
800 Free				8:35.89		7:28.89						
200 Medley	1:49.01	1:50.85	1:52.37			1:45.91						
400 Medley				4:22.99		3:49.45						

	Summer		SCY NAT.	Junior NAT.	ZONES AAA (17-18)	ZONES AAA (15-16)	Senior State	Divisional
	OT	NAT.						
OPEN								
50 Free	:26.39M	:22.99	:23.39	:23.89	:24.09	:25.49	:25.69	:30.39
100 Free	:57.19M	:50.19	:51.09	:51.89	:52.19	:54.89	:55.69	1:05.89
200 Free	2:03.39M	1:48.29	1:50.09	1:51.69	1:52.09	1:58.69	1:59.49	2:01.89
500 Free	4:19.39M	4:47.79	4:52.99	4:55.89	4:57.09	5:16.19	5:18.49	5:29.19
1000 Free	8:50.49M	9:58.89	10:05.99	10:07.99	10:14.39	10:54.19	10:56.19	11:25.79
1650 Free		16:30.59	16:48.49	16:58.29	17:00.99	18:09.19	18:18.99	19:25.69
100 Back	1:04.59M	:55.79	:56.19	:57.69	:57.79	1:00.59	1:00.99	1:04.09
200 Back	2:17.99M	2:00.09	2:01.19	2:03.59	2:04.19	2:11.49	2:11.89	2:19.09
100 Breast	1:12.59M	1:03.19	1:04.29	1:05.19	1:05.29	1:08.99	1:09.39	1:12.89
200 Breast	2:35.99M	2:16.69	2:17.99	2:20.69	2:21.39	2:28.69	2:29.29	2:38.59
100 Fly	1:02.39M	:54.99	:55.59	:57.09	:57.29	:59.99	1:00.79	1:02.39
200 Fly	2:16.69M	2:00.69	2:02.49	2:05.09	2:05.69	2:10.79	2:12.39	2:24.49
200 IM	2:20.49M	2:01.79	2:03.49	2:06.09	2:06.89	2:13.19	2:14.79	2:18.59
400 IM	4:55.89M	4:19.79	4:20.79	4:27.79	4:28.49	4:43.89	4:44.09	5:00.99

	Summer		SCY NAT.	Junior NAT.	ZONES AAA (17-18)	ZONES AAA (15-16)	Senior State	Divisional
	OT	NAT.						
Relays								
400 Free		3:28.39	3:27.52	3:30.29	3:30.29			3:53.79
800 Free		7:25.49	7:28.89	7:42.99	7:42.99			8:35.89
400 Medley		3:50.39	3:49.45	3:51.89	3:51.89			4:22.99