

Portage Porpoise Swim Club  
Distance Extravaganza  
December 18-19,2009  
(8 & under Events)

Sanction: This meet is sanctioned by USA Swimming and Indiana Swimming through the host, Portage Porpoise Swim Club. Sanction # IN10099.

Facility: Portage High School East Pool, 6450 E US RT6, enter through door "O" on north side of building. 6 Lane 25 meter pool with starting blocks, Daktronic timing system and pads, adjacent locker rooms and balcony spectator seating.

Rules: Current USA Swimming and Indiana Swimming rules will govern meet.

Entry Deadline: Entries accepted starting October 1, 2009. Deadline is December 4, 2009. Teams not accepted will be notified by 5pm December 7, 2009. No Teams will be split. We will extend deadline if meet is not full.

Entry Chair/Meet Director: Kyle Smith (219) 405-2010, Submit E-Mail Entries to: [coachkyle33@hotmail.com](mailto:coachkyle33@hotmail.com), an entry report will be sent back confirming your entries. All payment and required paperwork for the meet should be sent to: PPSC PO BOX 2031 Portage, IN 46368, by December 13, 2009. Mailed entries must be received prior to meet entry deadline. No phone entries will be accepted.

Entry Format: Any file recognized by Meet Manager, create a standard meet entry file on your computer (CL2, HY3, SDIF or SDIF3) allow computer to zip file. Attach file to above e-mail.

Entry Fees: \$2.00/individual event, \$5.00/relay and \$1.50/swimmer surcharge. Deck entries will be permitted as long as four hour rule is still observed. Deck Entry fees are \$4.00/individual event and \$10.00/relay. Fees must accompany entry forms. Please make one check payable to PPSC. Entry fees for scratched events will not be refunded.

Entry Limits: There will be a 3 event limit on Friday, 5 individual and 2 relay entry limit on Saturday for all swimmers. ENTRIES WILL BE LIMITED TO STAY WITHIN THE 4 HOUR RULE. No teams will be broken.

Eligibility: ALL SWIMMERS MUST BE REGISTERED WITH USA SWIMMING. Swimmers age as of December 18, 2009 will determine age for entire meet. All swimmers must be registered with USA Swimming. USA swimming registration numbers must accompany the entry. Coaches must constantly display their USA Swimming Coach Credentials to gain deck access. The Meet Director and/or Meet Referee reserve the right to deny deck access to anyone not in compliance with this rule. No parents allowed on deck.

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Check-In: This is a Positive Check-In Meet, all swimmers MUST check in 45 minutes prior to their sessions start time. Any swimmer scratched for missing deadline can have their coach/club representative petition for re-entry to Meet Director prior to the start of that session.

Heat Sheets: After scratch deadline, each club will receive a copy for each coaching representative on deck. Meet Programs can be purchased for \$5.00 at the concession stand.

**Scoring: Because this is a DISTANCE EXTRANANZA, the following events will only be scored for each age group:**

**8 and Under: 200 IM, 200 Free, 100 Free, 50 Free, 50 Back, 50 Breast, 50 Fly**

**9-10 Yr Old: 400 Free, 200 IM, 200 Free, 100 Free, 100 Back, 100 Breast, 100 Fly and 50 Free**

**11-12 Yr Old: 800 Free, 400 IM, 400 Free, 200 IM, 200 Free, 100 Free, 100 Back, 100 Breast, 100 Fly and 50 Free**

**13 and Over: 1500 Free, 800 Free, 400 IM, 400 Free, 200 IM, 200 Free, 200 Back, 200 Breast, 200 Fly, 100 Free and 50 Free**

Open (11 and Over) and 10 and Under events will be scored according to the established Individual High Point age categories.

Individual Events: 1<sup>st</sup> thru 12<sup>th</sup> Place 16-13-12-11-10-9-7-6-5-4-3-2

Relay Events: 1<sup>st</sup> thru 6th Place 32-26-24-22-20-18

Awards: Individual Events: 1<sup>st</sup>-12<sup>th</sup> ribbons

Relay Events: 1<sup>st</sup>-3rd ribbons

Individual High Point Awards for the First and Second Place swimmers in the following Age Groups for males and females: 8 & under, 9-10, 11-12, 13-Over

Team High Point Trophies will awarded for the top 2 Teams overall.

Warm-up Schedule: Friday Warm-Ups (Session #1)-5:00-5:45pm  
Saturday Morning Warm-Ups (Session #2)-7:00-7:45am  
Saturday Afternoon Warm-Ups (Session #3)  
**NOT BEFORE NOON (12:00pm)**  
45 min warm-up session will take place 15minutes after conclusion of session #2

Start Times: Friday Night/Session #1 6:00pm  
Saturday Morning/Session #2 8:00am  
Saturday Afternoon/Session #3 1hr after start of warm-ups, not before 1pm

Clerk of the Course: All 8 and Under events will be Clerked. There will be NO CLERK for 10 and Under Events!

Entry Rules: USA Swimming Rule 202.3.3-At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

Over Entries/Full Meet: In the event that the meet or events are filled refunds will be offered to those clubs/swimmers that did not make the meet or event.

Send the following to host club:

- Check for payment of all entry fees
- Executed release and hold harmless agreement
- Official sign-up sheet
- Summary page with checklist/statement of desired Form of Results

Updates to previously accepted entries will be accepted until December 14th but may not be reflected in meet programs.

Concessions: Will be available during all sessions

**USA SWIMMING SUIT LEGISLATION:**

**In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.**

	PPSC Distance Extravaganza	
	December 18-19, 2009	
	Portage High School	
	25 meter pool (25m)	
	Friday Evening Schedule of Events	
	Session #1	
	Warm-ups @ 5:00pm	
	Meet Starts @ 6:00pm	
Girls	EVENT	Boys
1	11-12 yr Old 400m Freestyle	2
3	10 and Under 200m Freestyle	4
5	13 and Over 400m Free	6
7	11-12 yr Old 200m IM	8
9	10 and Under 200m IM	10
11	Open 400m IM	12
13	10 and Under 400m Freestyle	14
15	Open 800m Freestyle	16
	Saturday Morning Schedule of Events	
	Session #2	
	Warm-ups @ 7:00am	
	Meet Starts @ 8:00am	
Girls	EVENT	Boys
17	8 and Under Mixed 100 Freestyle Relay	17
18	9-10 yr Old Mixed 200 Freestyle Relay	18
19	8 and Under 25m Freestyle	20
21	9-10 yr Old 100m Butterfly	22
23	8 and Under 25m Butterfly	24
25	9-10 yr Old 50m Butterfly	26
27	8 and Under 50m Butterfly	28
29	9-10 yr Old 100m Breaststroke	30
31	8 and Under 25m Breaststroke	32
33	9-10 yr Old 50m Breaststroke	34
35	8 and Under 50m Breaststroke	36
37	9-10 yr Old 100m Freestyle	38
39	8 and Under 100m Freestyle	40
41	9-10 yr Old 50m Backstroke	42
43	8 and Under 25m Backstroke	44
45	9-10 yr Old 100m Backstroke	46
47	8 and Under 50m Backstroke	48
49	9-10 yr Old 50m Freestyle	50
51	8 and Under 50m Freestyle	52
53	9-10 yr Old Mixed 400 Freestyle Relay	53
54	8 and Under Mixed 200 Freestyle Relay	54

Saturday Afternoon Schedule of Events		
Session #3		
Warm -up: Not Before 12/noon		
Meet Start: 1 Hour after start of Warm-up		
Girls	EVENT	Boys
55	11-12 yr Old Mixed 200 Freestyle Relay	55
56	13 and Over Mixed 200 Freestyle Relay	56
57	11-12 yr Old 200m Freestyle	58
59	13 and Over 200m Freestyle	60
61	11-12 yr Old 50m Backstroke	62
63	Open (11 and Over) 200m Butterfly	64
65	11-12 yr Old 100m Breaststroke	66
67	13 and Over 100m Backstroke	68
69	11-12 yr Old 50m Breaststroke	70
71	Open (11 and Over) 200m Backstroke	72
73	11-12 yr Old 100m Butterfly	74
75	13 and Over Old 100m Breaststroke	76
77	11-12 yr Old 100m Freestyle	78
79	13 and Over 100m Freestyle	80
81	11-12 yr Old 50m Butterfly	82
83	Open ( 11 and Over) 200m Breaststroke	84
85	11-12 yr Old 100m Backstroke	86
87	13 and Over 100m Butterfly	88
89	11-12 yr Old 50m Freestyle	90
91	13 and Over 50m Freestyle	92
93	11-12 Yr Old Mixed 400m Freestyle Relay	93
94	13 and Over Mixed 400m Freestyle Relay	94
Saturday Evening Schedule of Events		
Session #4		
Warm up: 15 minutes after conclusion of session #3		
Meet Start: 20 minutes after start of warm-up		
Girls	EVENT	Boys
95	Open (11 and Over) 1500m Freestyle	96

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Summary Page-Please return to PPSC

This Summary form must be completed and returned with all entries by December 13, 2009. Please make certain to include all of the following:

1. Copy of Team Entries
2. Check for entries payable to: PPSC
3. Release and Hold Harmless Agreement

Mail all of the above to:

PPSC  
PO Box 2031  
Portage, IN 46368

Club: \_\_\_\_\_ Club Code: \_\_\_\_\_

# of swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_  
# of swimmers entered: \_\_\_\_\_ x IN Swimming Surcharge \$1.50 = \_\_\_\_\_  
# of Individual Boy's Entries: \_\_\_\_\_ x \$2.00 = \_\_\_\_\_  
# of Individual Girl's Entries: \_\_\_\_\_ x \$2.00 = \_\_\_\_\_  
# of Relay Entries Boy's \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_ x \$5.00 = \_\_\_\_\_

TOTAL AMOUNT ENCLOSED: \_\_\_\_\_

Club Official submitting entry:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State/Zip \_\_\_\_\_  
Telephone # \_\_\_\_\_

Attending Coaches:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**FINAL RESULTS:**

Final results will be posted and sent to club officials. Please select the following format for your copy of the final results.

\_\_\_\_\_ Meet Manager Backup (emailed)  
\_\_\_\_\_ Team Manager .cl2 file (emailed)  
\_\_\_\_\_ Hard Copy (snail mail)  
\_\_\_\_\_ All of the above

Email address to send above: \_\_\_\_\_

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THIS PAGE MUST BE RETURNED TO PPSC

Official Sign-up Sheet

Club: \_\_\_\_\_

Club Code: \_\_\_\_\_

Name of Official-Level

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself or herself, their successors and assigns, hereby releases and forever discharges Portage Porpoise Swim Club, and its' Board of Directors, Portage High School/ School Corp, United States Swimming and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or cause of action of whatever kind of character arising out of or in connection with said event. Further the undersigned shall indemnify and hold harmless Portage Porpoise Swim Club, and its' Board of Directors, Portage High School/School Corp., United States Swimming and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this \_\_\_\_\_ day of \_\_\_\_\_, 2009.

Signature of Club Representative \_\_\_\_\_

Printed Name and Position of Club Rep \_\_\_\_\_