

**NORTHWEST INDIANA SWIM CONFERENCE  
CHAMPIONSHIP MEET  
FEBRUARY 19-21, 2010**

- SANCTION:** This meet is sanctioned by USA Swimming, Inc. and Indiana Swimming, Inc. with the Indiana Sanction #IN10172
- SPONSOR:** Northwest Indiana Swim Conference
- LOCATION:** Highland High School, 9135 Erie Street, Highland, IN, 46322
- FACILITIES:** Six (6) lane, 25 yard pool with starting blocks, non-turbulent lane markers and automatic timing system with back up timer per lane. Bleacher seating in pool area. Adjacent locker rooms, concessions are available.
- RULES:** Current USA Swimming and Indiana Swimming Rules will govern this meet. Please pay special attention to the starting procedures: 102.14.4 & 5 (page ..... All swimmers must compete in their own age group, including relays. All events will be timed finals. USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during the warm up, competition, and warm down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**EFFECTIVE (OCTOBER 1, 2009) USA Swimming Swim Suit Rule (102.9.1 B)**  
**wording shall be added to all meet letters**

***In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.***

- ELIGIBILITY:** Swimmers must be registered with USA Swimming to be accepted into the meet. Age as of February 19, 2009, shall determine the swimmer's age for the entire meet. This meet is open only to members of clubs of the Northwest Indiana Swim Conference.

A cutoff of 10% over the Divisional time standard is in effect for events 200 yards or longer. Proof of achievement is required for missed cuts. If proof cannot be shown, there will be a \$5.00 fine, if paid before the end of the meet; or a \$6.00 fine after the meet. If the fee is not paid within 30 days, the offending club will be assessed an additional fine of \$50.00. The club and swimmer will be suspended if the fine is not paid within 60 days.

**TIMES ENTERED SLOWER THAN THE CUTS WILL NOT BE ACCEPTED!  
PLEASE DO NOT ALLOW YOUR TEAM MANAGER TO CONVERT TIMES!  
SWIMMERS THAT ARE UNATTACHED ON THE FIRST DAY OF THE MEET  
WILL NOT BE ENTERED!**



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**AWARDS:** Individual Events: Neck Medals - 1st thru 6th places Ribbons - 7th thru 12th places  
Relay Events: Neck Medals - 1st thru 6th places Ribbons - 7th thru 12th places

Only two (2) relays per team score.

High Point team trophy in each age group:

Boys: 8 & Under, 9-10, 11-12, 13-14, 15 & Over

Girls: 8 & Under, 9-10, 11-12, 13-14, 15 & Over

Overall High Point team trophy, Second and Third place team trophies

**SPECIAL NOTES:** Coaches **MUST** constantly display their USA Swimming coaches credentials to gain deck access. The meet referee reserves the right to ask for a coach to display credentials and / or deny deck access if the coach does not comply.

Host team will run and man a Clerk of the Course for all 8 & Under events.

**NO CHANGING OF EVENTS WILL BE PERMITTED. INDIVIDUAL LATE CHARGES / ADDITIONS WILL BE ACCEPTED BETWEEN THE ADDITIONS / CORRECTIONS DEADLINE AND 5 P.M. OF THE FIRST DAY OF THE MEET, IF ACCOMPANIED BY A \$50 LATE FEE.**

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**ORDER OF EVENTS**

**11-12 AGE GROUP**

FRIDAY EVENING

<b>BOYS</b>	<b>CUT</b>	<b>EVENT</b>	<b>CUT</b>	<b>GIRLS</b>
1		200 YD Medley Relay		2
3	2:56.21	200 YD Freestyle	2:53.68	4
5		100 YD Backstroke		6
7	3:19.97	200 YD Individual Medley	3:14.91	8
9		50 YD Butterfly		10
11		50 YD Freestyle		12
13		100 YD Breaststroke		14
15		50 YD Backstroke		16
17	7:49.79	500 YD Freestyle	7:43.97	18
19		100 YD Freestyle		20
21		100 YD Butterfly		22
23		50 YD Breaststroke		24
25		200 YD Freestyle Relay		26

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**8 & UNDER AGE GROUP**

SATURDAY MORNING

<b>BOYS</b>	<b>CUT</b>	<b>EVENT</b>	<b>CUT</b>	<b>GIRLS</b>
27		100 YD Medley Relay		28
29		100 YD Individual Medley		30
31		50 YD Backstroke		32
33		25 YD Freestyle		34
35		50 YD Breaststroke		36
37		25 YD Butterfly		38
39		50 YD Freestyle		40
41		25 YD Backstroke		42
43		100 YD Freestyle		44
45		50 YD Butterfly		46
47		25 YD Breaststroke		48
49		100 YD Freestyle Relay		50

**9-10 AGE GROUP**

SATURDAY AFTERNOON

<b>BOYS</b>	<b>CUT</b>	<b>EVENT</b>	<b>CUT</b>	<b>GIRLS</b>
51		200 YD Medley Relay		52
53	3:22.50	200 YD Freestyle	3:18.10	54
55		100 YD Backstroke		56
57	3:46.37	200 YD Individual Medley	3:41.75	58
59		50 YD Butterfly		60
61		50 YD Freestyle		62
63		100 YD Breaststroke		64
65		50 YD Backstroke		66
67		100 YD Freestyle		68
69		100 YD Butterfly		70
71		50 YD Breaststroke		72
73		200 YD Freestyle Relay		74

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**13-14 and 15 & OVER AGE GROUPS**

SUNDAY SESSION

<b>BOYS</b>	<b>CUT</b>	<b>EVENT</b>	<b>CUT</b>	<b>GIRLS</b>
75		13-14 200 YD Medley Relay		76
77		15 & O 400 YD Medley Relay		78
79	2:36.41	13-14 200 YD Freestyle	2:42.57	80
81	2:23.21	15 & O 200 YD Freestyle	2:38.18	82
83		13-14 50 YD Butterfly		84
85		15 & O 50 YD Butterfly		86
87	2:56.87	13-14 200 YD Backstroke	3:05.01	88
89	2:44.77	15 & O 200 YD Backstroke	3:00.61	90
91	6:19.27	13-14 400 YD Individual Medley	6:31.92	92
93	5:53.64	15 & O 400 YD Individual Medley	6:30.71	94
95		13-14 100 YD Butterfly		96
97		15 & O 100 YD Butterfly		98
99		13-14 50 YD Freestyle		100
101		15 & O 50 YD Freestyle		102
103	3:24.48	13-14 200 YD Breaststroke	3:30.42	104
105	3:07.32	15 & O 200 YD Breaststroke	3:25.91	106
		----15 Minute Break----		
107		13-14 100 YD Backstroke		108
109		15 & O 100 YD Backstroke		110
111	7:00.08	13-14 500 YD Freestyle	7:12.95	112
113	6:32.91	15 & O 500 YD Freestyle	7:07.34	114
115		13-14 50 YD Breaststroke		116
117		15 & O 50 YD Breaststroke		118
119		13-14 100 YD Freestyle		120
121		15 & O 100 YD Freestyle		122
123	3:07.09	13-14 200 YD Butterfly	3:13.48	124
125	2:45.65	15 & O 200 YD Butterfly	3:07.65	126
127		13-14 50 YD Backstroke		128
129		15 & O 50 YD Backstroke		130
131	2:57.20	13-14 200 YD Individual Medley	3:05.78	132
133	2:42.90	15 & O 200 YD Individual Medley	2:59.95	134
135		13-14 100 YD Breaststroke		136
137		15 & O 100 YD Breaststroke		138
139		13-14 200 YD Freestyle Relay		140
141		15 & O 400 YD Freestyle Relay		142

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This form must be completed and returned with all entries.

NAME OF CLUB \_\_\_\_\_

COACHES \_\_\_\_\_

Complete name, address, and telephone number of person to be contacted regarding this entry:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

NUMBER OF SWIMMERS ENTERED BOYS \_\_\_\_\_

GIRLS \_\_\_\_\_

TOTAL \_\_\_\_\_

NWISC will pay \$1.50 Indiana Swimming Surcharge this season.

**FINAL RESULTS:**

SUMMARY OF ENTRIES PAGE - Please check off all that you would like to receive after meet.

\_\_\_\_\_ Hard Copy (snail mailed OR .pdf file emailed)

\_\_\_\_\_ Meet Manager Backup (Emailed)

\_\_\_\_\_ Team Manager .cl2 file (Emailed)

\_\_\_\_\_ ALL of the above

Email address to send about to: \_\_\_\_\_

**WAIVER**

In consideration of the acceptance of this entry, I, intending to be legally bound, hereby consign, waive and release any and all rights and claims for damages which may accrue against United State Swimming, Inc., The Indiana Competitive Swim Corporation, Northwest Indiana Swim Conference, the School Town of Highland, the Highland Hurricanes Swim Club, their representatives, employees, directors, officers or successors, for any or all injuries suffered by me or any contestant or representative in said meet as a representative of my Club.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Coach, Club Rep., Parent (Please circle one)

Please include the following with this summary sheet:

1. Hy-Tek disk and print-out of your team entries
2. List of Officials / Timers who can work
3. Coaches' proof of USA Swimming membership

**REMINDER:**

All clubs are required to provide 1 timer per session. A penalty of \$20.00 per session will be applied if you do not have a timer present by the start of the timers meeting, but it is your responsibility to find replacements, not the host club.